

Varsity College Year 12 Physical Education 2024

Term 1

Week	Date	Topics	Assessment
1	22-26 January O-Week Australia Day PH Fri	<ul style="list-style-type: none"> Check in – case studies, VC experiences, practical experiences, research 	
2	29 Jan-2 Feb	<ul style="list-style-type: none"> Exploring Ethics and Integrity 	
3	5-9 February Swimming Carnival - Thurs	<ul style="list-style-type: none"> Importance of Ethics and Integrity in Sport 	
4	12-16 February	<ul style="list-style-type: none"> Fair play – 7 elements – Sport Integrity Australia 	
5	19-23 February	<ul style="list-style-type: none"> Effects of Globalisation, Mass media and socialisation 	
6	26 Feb-1 Mar GC24 - Wednesday	<ul style="list-style-type: none"> Ethical Strategies / codes of conduct / rules and policies 	
7	4-8 March	<ul style="list-style-type: none"> Ethical Decision Making Framework 	Draft due
8	11-15 March	<ul style="list-style-type: none"> Investigation Report – class time 	
9	18-22 March GC24 - Thursday	<ul style="list-style-type: none"> Investigation Report – class time 	Investigation – Lesson 2
10	25-29 March Good Friday PH	EXAM BLOCK	
School holidays: Friday March 29 - Sunday April 14			

Term 2

Week	Date	Topics	Assessment
1	15-19 April Cross Country - Wed	<ul style="list-style-type: none"> Check-in to unit – Energy, Fitness, Training Touch football GPAI 	
2	22-26 April GC24 - Tuesday Anzac Day PH - Thurs	<ul style="list-style-type: none"> Energy requirements for physical activity Phosphate Challenge – Touch and Garmin Introduction 	
3	29 Apr-3 May	<ul style="list-style-type: none"> 7 Components of Fitness and Testing 	
4	6-10 May Labour Day PH - Mon	<ul style="list-style-type: none"> Games analysis of Touch Personal Games Analysis 	
5	13-17 May	<ul style="list-style-type: none"> Training Zones & Role of Oxygen in performance 	
6	20-24 May	<ul style="list-style-type: none"> Planning a training session 	
7	27-31 May	<ul style="list-style-type: none"> Microcycle – two sessions 	
8	3-7 June	<ul style="list-style-type: none"> Microcycle – two sessions 	
9	10-14 June GC24 - Wednesday	<ul style="list-style-type: none"> Post-test results and Touch Footage 	
10	17-21 June Athletics Carnival - Thurs	<ul style="list-style-type: none"> Evaluation of results 	
School holidays: Saturday June 22 - Sunday July 7			

Term 3

Week	Date	Topics	Assessment
1	8-12 July	<ul style="list-style-type: none"> Project work and touch football 	Draft due
2	15-19 July	<ul style="list-style-type: none"> Project work and touch football 	
3	22-26 July GC24 - Thursday	<ul style="list-style-type: none"> Project work and touch football 	Project – Lesson 3
4	29 Jul- 2 Aug	<ul style="list-style-type: none"> Touch video evidence (highlights reel) 	Highlight reel due
5	5-9 August	<ul style="list-style-type: none"> Revise Subject Matter (Check for Understanding Test 2) 	
6	12-16 August GC24 Finals – Wed.	<ul style="list-style-type: none"> Mark CFU, self-reflection (key targets for improvement) 	
7	19-23 August	<ul style="list-style-type: none"> Mock Exam strategies (Multiple choice focus) 	
8	26-30 August	<ul style="list-style-type: none"> Short Response and Extended Responses focus 	
9	2-6 September	MOCK EXAMS	
10	9-13 September	MOCK EXAMS	
School holidays: Saturday September 14 – Sunday September 29			

Term 4

Week	Date	Topics	Assessment
1	30 Sept – 4 Oct	<ul style="list-style-type: none"> Energy, Fitness, Training workshops + CFU Exam 	
2	7-11 October King's B'day PH - Monday	<ul style="list-style-type: none"> Energy, Fitness, Training workshops + CFU Exam 	
3	14-18 October	<ul style="list-style-type: none"> No classes for Applied and Certificate subjects. Study lessons for General subjects. 	
4	21 - 25 October	EXTERNAL EXAMS	External Assessment: Unit 3 and 4
5	28 Oct – 1 Nov		
6	4-8 November		
7	11-15 November	Final Week Events	