

Varsity College Year 12 Physical Education 2025

Term 1

Week	Date	Topics	Assessment
1	27-31 January O-Week Australia Day: Monday	<ul style="list-style-type: none"> Check in – case studies, VC experiences, practical experiences, research 	
2	3-7 February	<ul style="list-style-type: none"> Exploring Ethics and Integrity 	
3	10-14 February Swimming Carnival: Tuesday Y11,12 Parent Information Session: Monday	<ul style="list-style-type: none"> Importance of Ethics and Integrity in Sport 	
4	17-21 February	<ul style="list-style-type: none"> Fair play – 7 elements – Sport Integrity Australia 	
5	24-28 February	<ul style="list-style-type: none"> Effects of Globalisation, Mass media and socialisation 	
6	3-7 March GCS25: Wednesday	<ul style="list-style-type: none"> Ethical Strategies / codes of conduct / rules and policies 	
7	10-14 March	<ul style="list-style-type: none"> Ethical Decision Making Framework 	
8	17-21 March	<ul style="list-style-type: none"> Investigation Report – class time 	
9	24-28 March	<ul style="list-style-type: none"> Investigation Report – class time 	Assignment due lesson 2
10	31 March - 4 April Cross Country Carnival: Thursday	EXAM BLOCK	
School holidays: Friday April 4 - Sunday April 19			

Term 2

Week	Date	Topics	Assessment
1	21-25 April Easter Monday ANZAC Day: Friday	<ul style="list-style-type: none"> • Check-in to unit – Energy, Fitness, Training • Touch football GPAI 	
2	28 April-2 May GCS25: Tuesday	<ul style="list-style-type: none"> • Energy requirements for physical activity • Phosphate Challenge – Touch and Garmin Introduction 	
3	5-9 May Labour Day: Monday	<ul style="list-style-type: none"> • 7 Components of Fitness and Testing 	
4	12-16 May Parent Teacher Interviews: Monday	<ul style="list-style-type: none"> • Games analysis of Touch • Personal Games Analysis 	
5	19-23 May	<ul style="list-style-type: none"> • Training Zones & Role of Oxygen in performance 	
6	26-30 May	<ul style="list-style-type: none"> • Planning a training session 	
7	2-6 June GCS25: Wednesday	<ul style="list-style-type: none"> • Microcycle – two sessions 	
8	9-13 June GCS25: Wednesday	<ul style="list-style-type: none"> • Microcycle – two sessions 	
9	16-20 June	<ul style="list-style-type: none"> • Post-test results and Touch Footage 	
10	23-27 June Athletics Carnival: Thursday	<ul style="list-style-type: none"> • Evaluation of results 	
School holidays: Saturday June 28 - Sunday July 13			

Term 3

Week	Date	Topics	Assessment
1	14-18 July	<ul style="list-style-type: none"> Project work and touch football 	
2	21-25 July Future Pathways Expo Y11, 12 Parent Information Session: Wednesday	<ul style="list-style-type: none"> Project work and touch football 	
3	28 July-1 August Parent Teacher Interviews: Monday	<ul style="list-style-type: none"> Project work and touch football 	Project due lesson 2
4	4-8 August	<ul style="list-style-type: none"> Touch video evidence (highlights reel) 	Highlight Reel due lesson 2
5	11-15 August GCS25: Tuesday	<ul style="list-style-type: none"> Revise Subject Matter (Check for Understanding Test 2) 	
6	18-22 August GC25 (Finals): Tuesday	<ul style="list-style-type: none"> Mark CFU, self-reflection (key targets for improvement) 	
7	25-29 August GC Show Day: Friday	<ul style="list-style-type: none"> Mock Exam strategies (Multiple choice focus) 	
8	1-5 September	<ul style="list-style-type: none"> Short Response and Extended Responses focus 	
9	8-12 September	MOCK EXAMS	Mock exam
10	15-19 September	MOCK EXAMS	
School holidays: Saturday September 20 – Sunday October 4			

Term 4

Week	Date	Topics	Assessment
1	6-10 October King's Birthday: Monday	<ul style="list-style-type: none"> • Energy, Fitness, Training workshops + CFU Exam • 	
2	13-17 October	<ul style="list-style-type: none"> • Energy, Fitness, Training workshops + CFU Exam 	
3	20-24 October	<ul style="list-style-type: none"> • No classes for Applied and Certificate subjects. • Study lessons for General subjects. 	
4	27-31 October	EXTERNAL EXAMS	External Assessment: Unit 3 and 4
5	3-7 November		
6	10-14 November		
7	17-21 November		
		Final Week Events	