

Varsity College Year 8 HPE – Semester 2, 2024

Week	Date	Topics	Assessment
1	8-12 July Athletics Carnival - Wed	Developing Respectful Relationships Performance – Striking - Cricket/Pickle Ball/Softball/Table Tennis Develop hand-eye coordination, striking accuracy, strategy and team	
2	15-19 July	Managing Emotions Performance – Striking - Cricket/Pickle Ball/Softball/Table Tennis Develop hand-eye coordination, striking accuracy, strategy and team	
3	22-26 July GC24 - Thursday	Communicating our emotions in a relationship Performance – Striking – Cricket/Pickle Ball/Softball/Table Tennis Improve striking technique, movement patterns, tactical awareness	
4	29 Jul- 2 Aug	Respectful Relationships Performance – Striking – Cricket/Pickle Ball/Softball/Table Tennis Improve striking technique, movement patterns, tactical awareness	
5	5-9 August	Equality in Relationships Performance – Striking – Cricket/Pickle Ball/Softball/Table Tennis Promote teamwork, strategic play, and striking skills.	
6	12-16 August GC24 Finals – Wed.	Assertive Communication Performance – Striking – Cricket/Pickle Ball/Softball/Table Tennis Promote teamwork, strategic play, and striking skills.	
7	19-23 August	Consent and Being Empowered Performance – Striking – Cricket/Pickle Ball/Softball/Table Tennis Develop precision, reaction time, and competitive strategies	
8	26-30 August	Assessment Project Performance – Striking – Cricket/Pickle Ball/Softball/Table Tennis Develop precision, reaction time, and competitive strategies	
9	2-6 September	Assessment Project Striking Sports and Games Class Challenge	Project
10	9-13 September	Striking Sports and Games Class Challenge	
School holidays: Saturday September 14 – Sunday September 29			
1	30 Sept – 4 Oct	Exploring the Great outdoors – introduction to unit Performance – Recreation and Camp games (teamwork/leadership)	
2	7-11 October King's B'day PH - Monday	Recreational activities and benefits to health & well-being Performance – Recreation and Camp games (teamwork/leadership)	
3	14-18 October	Team building (dynamics and leadership)– RR & activities Performance – Tent Challenge	
4	21 - 25 October	Exploring Outdoor opportunities in the South East Qld Performance – Recreation and Camp games (teamwork/leadership)	
5	28 Oct – 1 Nov	Planning an Adventure 'making healthy and safe choices' / leave no trace principles 'respect for nature & sustainability' Performance – Recreation and Camp games (teamwork/leadership)	
6	4-8 November	Basic First Aid for the Outdoors Performance – Recreation and Camp games (teamwork/leadership)	Draft Due
7	11-15 November	Project work Performance – Recreation and Camp games (teamwork/leadership)	
8	18-22 November	Project work & Hike preparation Performance – Recreation and Camp games (teamwork/leadership)	Project
9	25-29 November	Hike preparation	Hike
10	2-6 December	Alternative Program	
11	9-13 December	Supervision only week	
School holidays: Saturday December 14 – Tuesday January 28			