

Varsity College
Year 9 - Health + Physical Education - Semester 2 - 2023

Term 3, 2023

Week	Date	Topics	Assessment
1	10-14 July Athletics Carnival - Wed	<ul style="list-style-type: none"> Health Status of a Nation Invasion Sports – (BASIC SKILLS/DRILLS 1) 	
2	17-21 July	<ul style="list-style-type: none"> National Health Priorities – Develop research techniques Invasion Sports – (BASIC SKILLS/DRILLS 2) 	
3	24-28 July	<ul style="list-style-type: none"> Community Influences on Health. Invasion Sports – (COMPLEX DRILLS) 	
4	31 July – 4 August	<ul style="list-style-type: none"> Government Health Promotion Initiatives. Invasion Sports – (GAME STRATEGY) 	
5	7-11 August	<ul style="list-style-type: none"> Gathering primary/secondary data and research Invasion Sports – (GAME PLAY) 	
6	14-18 August	<ul style="list-style-type: none"> Using your research and information, decide on a mode of presentation, prepare appropriate script Striking Games – cricket/T-Ball/Softball (BASIC SKILLS/DRILLS) 	Draft Due
7	21-25 August	<ul style="list-style-type: none"> Assessment preparation Striking Games – cricket/T-Ball/Softball (COMPLEX DRILLS/GAME STRATEGY) 	
8	28 August – 1 Sept. GC Show PH - Fri	<ul style="list-style-type: none"> Striking Games – cricket/T-Ball/Softball (GAME STRATEGY/GAME PLAY) 	Project (Multi-modal) – Final Due (L2)
9	4-8 September	<ul style="list-style-type: none"> Striking Games – cricket/T-Ball/Softball (GAME PLAY) 	
10	11-15 September	<ul style="list-style-type: none"> Striking Games – cricket/T-Ball/Softball (GAME PLAY STRATEGY) 	
School Holidays: Saturday September 16 – Monday October 2			

Term 4, 2023

Term 4, 2023			
Week	Date	Topics	Assessment
1	2-6 October King's Birthday PH - Mon	<ul style="list-style-type: none">Different types of relationships.Dance	
2	9-13 October	<ul style="list-style-type: none">External influences on relationships.Dance	
3	16-20 October	<ul style="list-style-type: none">Adolescent changes through puberty.Dance	
4	23-27 October	<ul style="list-style-type: none">Impacts of adolescent changes on relationships and rights & responsibilities in sexual relationships.Dance	
5	30 Oct – 3 Nov	<ul style="list-style-type: none">Conception & contraceptionNet & wall Sports – Badminton/Speedminton/Volleyball	
6	6-10 November	<ul style="list-style-type: none">Sexually Transmitted Diseases (STI's)Badminton/Speedminton/Volleyball – basic skills	
7	13-17 November	<ul style="list-style-type: none">Ethics and decision making (revision)Badminton/Speedminton/Volleyball – game play	
8	20-24 November	<ul style="list-style-type: none">ExamPractical: Badminton/Speedminton/Volleyball – game play	Exam – Lesson 1
9	27 Nov – 1 Dec	<ul style="list-style-type: none">Practical: Badminton/Speedminton/Volleyball – game play	
10	4-8 December	Final Week 2023 – Alternate Program	
School Holidays: Saturday December 9 – Sunday January 21, 2024			