



Varsity College Year 9 HPE – Semester 1, 2024

Week	Date	Topics	Assessment
1	22-26 January	Health Status of a Nation	
	O-Week Australia Day PH Fri	 Invasion Sports – (BASIC SKILLS/DRILLS 1) 	
	29 Jan-2 Feb	National Health Priorities – Develop research	
2		techniques	
		 Invasion Sports – (BASIC SKILLS/DRILLS 2) 	
3	5-9 February	Community Influences on Health.	
	Swimming Carnival - Thurs	 Invasion Sports – (COMPLEX DRILLS) 	
4	12-16 February	Government Health Promotion Initiatives.	
		 Invasion Sports – (GAME STRATEGY) 	
5	19-23 February	Gathering primary/secondary data and research	
		 Invasion Sports – (GAME PLAY) 	
6	26 Feb-1 Mar	Using your research and information, decide on a	
	GC24 - Wednesday	mode of presentation, prepare appropriate script	
		Striking Games – cricket/T-Ball/Softball (BASIC	
		SKILLS/DRILLS)	
	4-8 March	Assessment preparation	Project Draft Due
7		Striking Games – cricket/T-Ball/Softball (COMPLEX	-
		DRILLŠ/GAME STRATEGY)	
8	11-15 March	Striking Games – cricket/T-Ball/Softball (GAME	
	NAPLAN	STRATEGY/GAME PLAY)	
9	18-22 March	Striking Games – cricket/T-Ball/Softball (GAME	Project (Multi-modal)
	NAPLAN GC24 - Thursday	PLAY)	Final – Lesson 2
10	25-29 March Good Friday PH	Cross Country preparation	
	S	chool holidays: Friday March 29 - Sunday April 14	
1	15-19 April Cross Country - Wed	 Different types of relationships. 	
	Cross Country - wed	Dance	
2	22-26 April	 External influences on relationships. 	
	GC24 - Tuesday Anzac Day PH - Thurs	Dance	
3	29 Apr-3 May	 Adolescent changes through puberty. 	
		Dance	
4	6-10 May	Impacts of adolescent changes on relationships and	
	Labour Day PH - Mon	rights & responsibilities in sexual relationships.	
		Dance	
	13-17 May	Conception & contraception	
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5		 Sexually Transmitted Diseases (STI's) 	
5			
	20-24 May	Sexually Transmitted Diseases (STI's)	
5		 Sexually Transmitted Diseases (STI's) Net Sports – Badminton/Pickleball/Volleyball 	
6		 Sexually Transmitted Diseases (STI's) Net Sports – Badminton/Pickleball/Volleyball Ethics and decision making (revision) 	Exam – Lesson 2
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