

## Varsity College Year 9 Hospitality - Semester 1, 2023

## Term 1, 2023

Week	Date	Topics	Assessment
1	23-27 Jan Australia Day PH - Thurs	<ul> <li>Theory: Overview and expectations, Safety Induction &amp; Agreement, Onguard</li> <li>Theory: Intro Class Food Habits Influences on Eating Booklet Activities 1,2</li> <li>Practical: <i>Kitchen</i> - 5 Stages of Prac, Mis En Place, Workplans KPS Parts 1- 3,6</li> </ul>	Safety Agreement
2	30 Jan – 3 Feb Swimming Carnival - Mon	<ul> <li>Theory: Australia's Food Habits &amp; Patterns, Timeline, Influences Activities 3-5</li> <li>Theory: <i>Bacteria &amp; Food</i> – Intro Bacteria –Growth Conditions Activities 1-3, Onguard</li> <li>Practical: Bliss Balls Kitchen Skills – Recipes, Measuring, Clean, Foodprint KPS 4,5,7</li> </ul>	OnGuard
3	6-10 February	<ul> <li>Theory: Influence 1 – Bush Tucker – diet, cooking, benefits, Activities 9-14</li> <li>Theory: Bacteria &amp; Food – 4 Causes Food Poisoning, Activities 4-6</li> <li>Prac: Lemon Myrtle Damper Kitchen Skills –Measuring &amp; Oven KPS 7&amp;8</li> </ul>	
4	13-17 February	<ul> <li>Theory: Influence 2 – First Settlers – diet, cooking, preserving, problems Activity 15</li> <li>Theory: Bacteria &amp; Food – The Cold Chain, Where in the Fridge? Activities 7-9</li> <li>Prac: Cornish Pasties (English) Kitchen Skills – Cutting, meat &amp; cleaning KPS 4 &amp; 9</li> </ul>	
5	20-24 February	<ul> <li>Theory: Influence 3 - Gold Rush &amp; Chinese – cooking methods, take-a-ways Activity 16</li> <li>Theory: Bacteria &amp; Food – Contamination Act 10,11 Cooking Glossary, Fusion Dishes</li> <li>Prac: Chinese Chicken Pies (Chinese/Aus) Kitchen Skills –stovetop, roux KPS 8</li> </ul>	
6	27 Feb – 3 Mar	<ul> <li>Theory: Influence 4 – War – rations, mock foods, USA Taste: Mock Apple Pie Act 17</li> <li>Theory: Bacteria &amp; Food– Revision Case Studies Activities 12-15</li> <li>Prac: Mock Fish Cakes (English/Aus) Kitchen Skills – grating, shallow fry KPS 10</li> </ul>	
7	6-10 March GIPSA - Wednesday	<ul> <li>Theory: Influence 5/6 – European Migration &amp; Women at Work – Activities 18,19</li> <li>Theory: Exam</li> <li>Prac: Spanakopita (Greek) Kitchen Skills – microwave, cutting, pastry KPS 9,10</li> </ul>	Exam
8	13-17 Mar NAPLAN 15- 17 March	<ul> <li>Theory: Prep T2 Task – Planning Practice Workplan, Recipe KPS 1-3 Review</li> <li>Theory: Prep T2 Task – Evaluating Practice Sensory &amp; Prac Evaluation notes</li> <li>Prac: Gnocchi with Napoli Sauce (Italy) Kitchen Skills – piping sweating reducing</li> </ul>	
9	20-24 March NAPLAN 20- 22 March	<ul> <li>Theory: Prep Work T2 Task – Knowing &amp;Understanding – Gnocchi W'ksheet</li> <li>Intro World Food Folio - Regions, Flavour Profiles Grouping Activity 1 and 2</li> <li>Intro Task: Q 2a,3a,b,c Choosing Ingredients, Choice Explanation, Recipe writing</li> <li>Prac: Chocolate Cake vs Packet Cake Kitchen Skills – electric beaters KPS 10</li> </ul>	
10	27-31 Mar Cross Country - Thurs	<ul> <li>Theory: Feedback on assessment, Reflection on learning</li> <li>World Food Folio – Europe/Mediterranean – Italy and Greece Activity 3,4 A-Z</li> <li>Assessment: Continue with Q2a &amp; Q3a,b and modify Wk 5 workplan to suit your own</li> <li>Prac: Stocktake and Kitchen Cleaning</li> </ul>	
		School Holidays: Saturday April 1 – Sunday April 16	



## Term 2, 2023

Week	Date	Topics	Assessment
1	17-21 April	Theory: World Food Folio - Introduction to World Cuisines –	
		Influences and Fusion	
		<ul> <li>Assessment: Re-intro Task, Begin Q1a,b,c</li> </ul>	
		Assessment: Finalise Q1a,b,c	
2	24-28 April	• Theory: World Food Folio - S.E. Asia – Vietnam, Thailand, Malaysia –	
	ANZAC Day PH - Tues	Hawker Foods	Monitoring
		<ul> <li>Assessment: Review Finalise Q2a,b &amp; 3a,b and Begin 3c Ingredient</li> </ul>	Student
		Order DUE	progress
		<ul> <li>Prac: Spring Rolls Kitchen Skills - wraps, wok &amp; knife skills</li> </ul>	
3	1-5 May Labour Day	Theory: World Food Folio – Middle East – India, Lebanon –	
	PH - Monday	Herbs/Spices & Blends www.mccormick.com/obsessed-with-flavour	Project
	GIPSA - Wednesday	<ul> <li>Assessment: Finalise Q3c and final edit and Print Q1,2,3</li> </ul>	Q 1,2 & 3
	weattesday	<ul> <li>Prac: Kofta w/ M'jadrah Rice Kitchen Skills – blending spices, frying, shaping</li> </ul>	,
4	8-12 May	shaping	
4	0-12 May	<ul> <li>Theory: World Food Folio – South America/Japan – Mexican fusion – Legumes</li> </ul>	
		<ul> <li>Theory: Final preparations for Assessment Prac Wk5 Print Q3 ready for</li> </ul>	
		next week	
		<ul> <li>Prac: Mexican San Choy Bau Kitchen Skills – sweating, reducing</li> </ul>	
		(review skills for Wk5)	
5	15-19 May	Assessment: Sensory Evaluation Write Up Q5a	
	GIPSA -	• Assessment: Prac Evaluation Write Up Q5b	Project Q4
	Wednesday	Prac: Assessment Practical	Practical
6	22-26 May	<ul> <li>Theory: World Food Folio – Southern Europe/Mediterranean – Spain,</li> </ul>	
	GIPSA -	Portugal	
	Wednesday	Assessment: Final Submission DUE	Project Q5
		• Prac: Lemon Custard Tarts Kitchen Skills - eggs, pastry, infusing	Final
		flavour	
7	29 May – 2	<ul> <li>Theory: World Food Folio - Africa – Morocco</li> </ul>	
	June	<ul> <li>Theory: World Cuisine Folio – Country Investigation BEGIN</li> </ul>	
		Prac: Beghrir Kitchen Skills - yeast, batters, flat breads	
8	5-9 June	Theory: World Food Folio – Western Europe - France	
	GIPSA - Wednesday	<ul> <li>Theory: World Cuisine Folio – Country Investigation</li> </ul>	
		<ul> <li>Prac: Crêpes Kitchen Skills - eggs, batters, teamwork</li> </ul>	
9	12-16 June	<ul> <li>Theory: World Food Folio – Country Investigation</li> </ul>	
		Theory: World Cuisine Folio – Country Investigation Presentation	
		• Theory: Prac: Polenta Biscuits Kitchen Skills - controlled portions,	
		oven	
10	19-23 June	Theory: Feedback on assessment, Reflection on learning	
		Theory: World Food Folio complete	
		Prac: Stocktake and Kitchen Cleaning	
		School Holidays: Saturday June 24 – Sunday July 9	