

Varsity College Year 10 Social & Community Studies 2025

Term 1

Week	Date	Topics	Assessment
1	27-31 January O-Week Australia Day: Monday	O-Week Activities Recreation and Leisure <ul style="list-style-type: none"> • What is health and wellness? • Factors that influence recreation and leisure • Consequences of poor lifestyle choices 	
2	3-7 February	<ul style="list-style-type: none"> • Physical activity – improve wellbeing • Recreation and leisure – importance for community 	
3	10-14 February Swimming Carnival: Tuesday	<ul style="list-style-type: none"> • Recreational sport – individual and community • Importance of recreation and leisure for different groups 	
4	17-21 February	<ul style="list-style-type: none"> • Case Study: People living with disabilities (analysis and recommendations) 	
5	24-28 February	Distribute Assessment (L1) <ul style="list-style-type: none"> • How to write and create a project? • Unpack assessment PowerPoint • Research and planning 	
6	3-7 March GC25: Wednesday	<ul style="list-style-type: none"> • How to Research workshop • Scaffolding Support 	
7	10-14 March	Draft submission <ul style="list-style-type: none"> • Draft Checklist • Apply teacher feedback 	Draft due L1
8	17-21 March	<ul style="list-style-type: none"> • Conferencing, working on final copy 	
9	24-28 March	Assessment Due	Assessment due L3
10	31 March - 4 April	<ul style="list-style-type: none"> • Culminating activities 	
School holidays: Friday April 4 - Sunday April 19			

Term 2

Week	Date	Topics	Assessment
1	21-25 April Easter Monday ANZAC Day: Friday	Food and Nutrition <ul style="list-style-type: none"> • Describe key nutrients, food groups and balanced diets 	
2	28 April-2 May	<ul style="list-style-type: none"> • Food as markers of cultural identity and expression • Nutritional and dietary requirements of different people 	
3	5-9 May Labour Day: Monday	<ul style="list-style-type: none"> • How to source nutritional information about food • Effective meal planning, shopping and food preparation techniques incorporating time management practice 	
4	12-16 May	Distribute Assessment L1 <ul style="list-style-type: none"> • How to conduct an investigation? • Unpack assessment PowerPoint • Research and planning 	
5	19-23 May	<ul style="list-style-type: none"> • Drafting 	
6	26-30 May	Draft submission <ul style="list-style-type: none"> • Draft Checklist • Apply teacher feedback 	Draft due L1
7	2-6 June GC25: Wednesday	<ul style="list-style-type: none"> • Conferencing, working on final copy 	
8	9-13 June GC25: Wednesday	Assessment Due	Assessment due L3
9	16-20 June	Culminating Activities	
10	23-27 June	<ul style="list-style-type: none"> • Exam Block 	
School holidays: Saturday June 28 - Sunday July 13			