

Varsity College
Year 9 HPE 2025
Term 1

Week	Date	Topics	Assessment
1	27-31 January O-Week Australia Day: Monday	<ul style="list-style-type: none"> Health Status of a Nation Invasion Sports – (BASIC SKILLS/DRILLS 1) 	
2	3-7 February	<ul style="list-style-type: none"> National Health Priorities – Develop research techniques Invasion Sports – (BASIC SKILLS/DRILLS 2) 	
3	10-14 February Swimming Carnival: Tuesday	<ul style="list-style-type: none"> Community Influences on Health. Invasion Sports – (COMPLEX DRILLS) 	
4	17-21 February	<ul style="list-style-type: none"> Government Health Promotion Initiatives. Invasion Sports – (GAME STRATEGY) 	
5	24-28 February	<ul style="list-style-type: none"> Gathering primary/secondary data and research Invasion Sports – (GAME PLAY) 	
6	3-7 March GC25: Wednesday	<ul style="list-style-type: none"> Using your research and information, decide on a mode of presentation, prepare appropriate script Striking Games – cricket/T-Ball/Softball (BASIC SKILLS/DRILLS) 	
7	10-14 March NAPLAN	<ul style="list-style-type: none"> Assessment preparation Striking Games – cricket/T-Ball/Softball (COMPLEX DRILLS/GAME STRATEGY) 	
8	17-21 March	<ul style="list-style-type: none"> Striking Games – cricket/T-Ball/Softball (GAME STRATEGY/GAME PLAY) 	
9	24-28 March	<ul style="list-style-type: none"> Striking Games – cricket/T-Ball/Softball (GAME PLAY) 	Project (Multi-modal) Final – Lesson 2
10	31 March - 4 April	<ul style="list-style-type: none"> Cross Country preparation 	
School holidays: Friday April 4 - Sunday April 19			

Term 2

Week	Date	Topics	Assessment
1	21-25 April Easter Monday ANZAC Day: Friday	<ul style="list-style-type: none"> Different types of relationships. Dance 	
2	28 April-2 May	<ul style="list-style-type: none"> External influences on relationships. Dance 	
3	5-9 May Labour Day: Monday	<ul style="list-style-type: none"> Adolescent changes through puberty. Dance 	
4	12-16 May	<ul style="list-style-type: none"> Impacts of adolescent changes on relationships and rights & responsibilities in sexual relationships. Dance 	
5	19-23 May	<ul style="list-style-type: none"> Conception & contraception Sexually Transmitted Diseases (STI's) Net Sports – Badminton/Pickleball/Volleyball 	
6	26-30 May	<ul style="list-style-type: none"> Ethics and decision making (revision) Badminton/Pickleball/Volleyball – basic skills 	
7	2-6 June GC25: Wednesday	<ul style="list-style-type: none"> Exam Badminton/Pickleball/Volleyball – game play 	Exam – Lesson 2
8	9-13 June GC25: Wednesday	<ul style="list-style-type: none"> Practical: Badminton/Pickleball/Volleyball – game play 	
9	16-20 June	<ul style="list-style-type: none"> Track & Field preparation 	
10	23-27 June	<ul style="list-style-type: none"> Track and Field preparation 	
School holidays: Saturday June 28 - Sunday July 13			

